



AUTSCAPE

Effective Living

18 – 21 August 2009

Emmaus Centre, West Wickham, BR4 9HH, UK

Section 3: Travel information and things to print

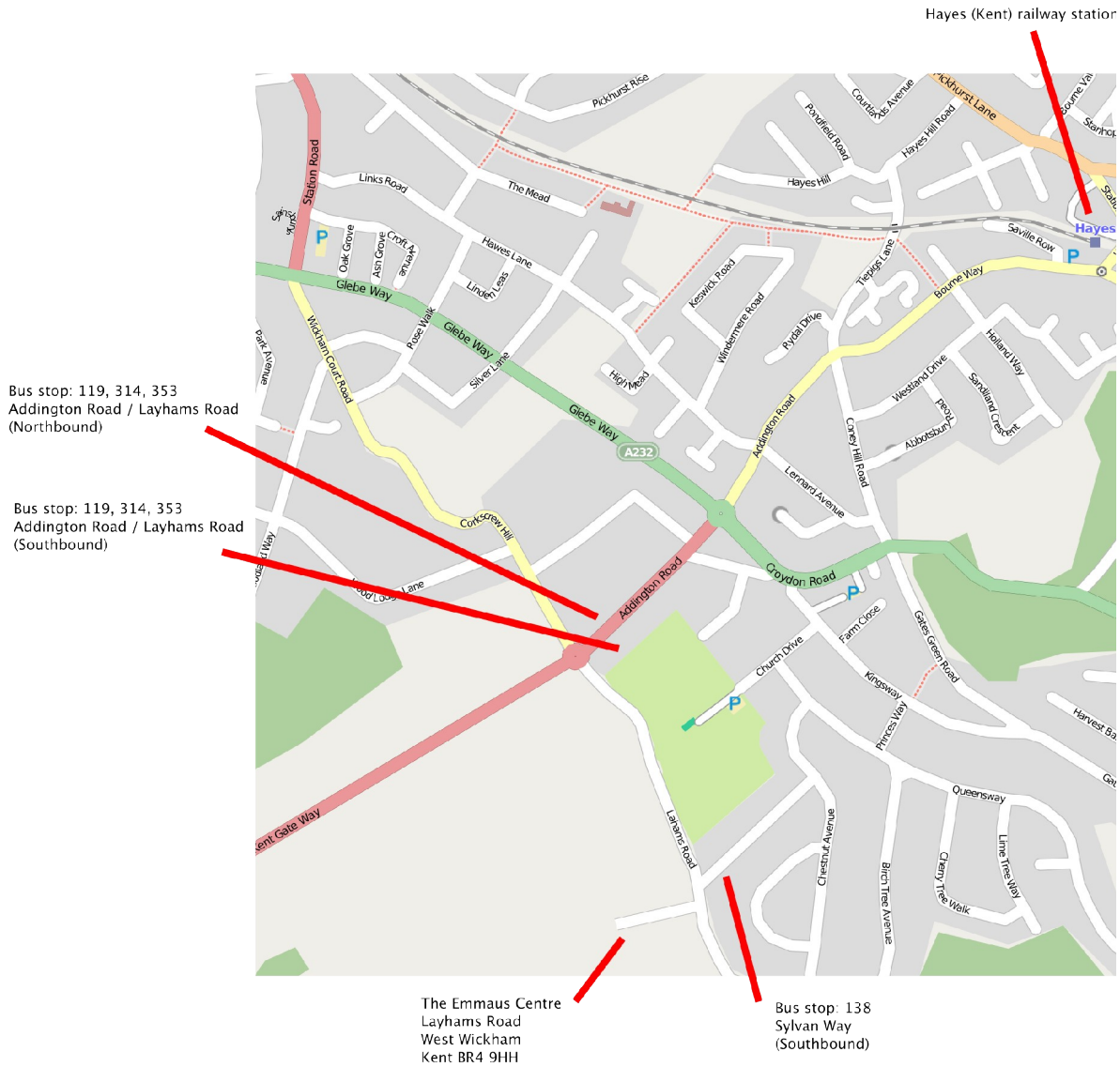
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Getting to AutscapE 2009

AutscapE 2009 will be held at

The Emmaus Centre
Layhams Road
West Wickham
Kent BR4 9HH



Map showing location of the venue, closest bus stops and Hayes (Kent) railway station.

A note of caution: Google Maps shows the wrong location for the venue's postcode. Multimap gives a better quality map and shows the Emmaus Centre buildings.

Registration for all participants is from 14:00 to 16:00 on Tuesday, and for non-residential participants from 08:30 to 09:00 on Wednesday to Friday. **We would appreciate it if you could let us know when you expect to arrive if you cannot make it in time for registration.** If you are coming for more than one day, you only need to register on your first day.

If you arrive earlier or later than planned, please ask at Reception for an organiser to be contacted.

Getting to the venue by car

Join the M25 and leave at Junction 4. Take A21 to Orpington/Bromley, following Bromley sign, then Croydon and West Wickham signs to A232. At the roundabout with A2022, take the first exit into Addington Road. At the next roundabout, turn left into Layhams Road.

Emmaus is at the far end of the second drive on the right, opposite Sylvan Way. The sign at the entrance to the drive reads 'Daughters of Mary and Joseph'.

Those driving to the venue from the direction of Croydon are advised to avoid driving through Croydon on the A232, as there is a very complicated junction at the centre of Croydon which could be confusing if you are unfamiliar with it. An alternative which isn't as far as the M25 is to go along the A2022 through Purley, which is a more pleasant route. Although there is a complex junction at the centre of Purley, it's not as bad as the Croydon one.



Emmaus driveway entrance

Getting to the venue by public transport

Route via Hayes (Kent) railway station

The best train station for the venue is Hayes (Kent), which is at the end of the line. (Note: Hayes (Kent) is not the same station as Hayes & Harlington!)

You can catch a train to Hayes (Kent) station from **London Charing Cross**, **London Waterloo (East)**, **London Canon Street**, **London Bridge**, New Cross, St Johns, **Lewisham DLR**, Ladywell, **Catford Bridge**, Lower Sydenham, New Beckenham, Clock House, Elmers End and Eden Park. (Interchange stations are in **bold**.)

Most routes will involve changing at London Bridge, which is a large, noisy station serving many trains. Be alert for last minute platform changes. Assistance, if required, should be booked at least 24 hours in advance from South Eastern Trains (0845 000 2211).

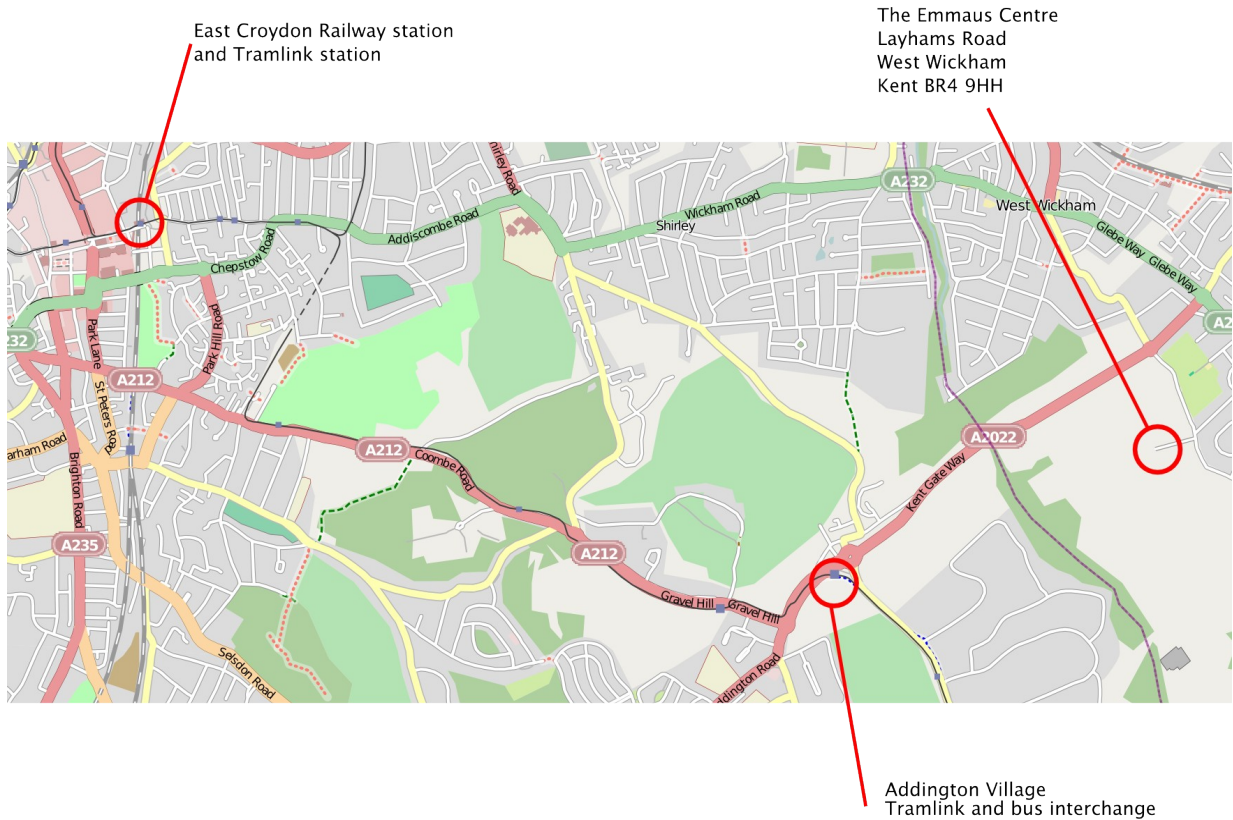
Hayes (Kent) station is about half an hour's walk from the venue. The bus services are the 119 (towards Croydon Airport), the 138 (towards Bromley), the 314 (towards New Addington) and the 353 (towards Addington Village Tramlink).

The 138 stops closest to the venue, at the end of Sylvan Way, opposite the venue driveway. The other bus services stop on Addington Road, just before the junction with Layhams Road. The venue is about 5 – 10 minutes' walk along Layhams Road. Some of the walk is uphill.

Taxi firms serving the local area include [Canon Cars](tel:02087778888) (020 8777 8888), [Hayes Taxis](tel:02071275018) (020 7127 5018) and [Clock House Cars](tel:02086580066) (020 8658 0066).

Route via East Croydon railway station

Many public transport routes will meet at East Croydon. East Croydon station is a major station just over five miles from the venue and has connections to tram and bus routes. There is also a taxi rank at East Croydon station. Advance booking for a taxi during daytime hours shouldn't be necessary. You can share your taxi fare with up to four other people.

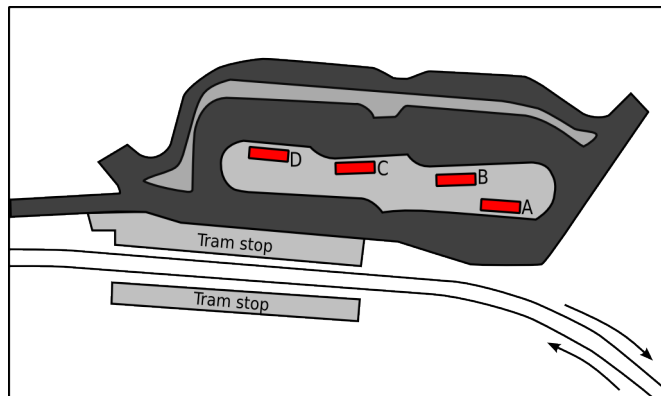


Map showing East Croydon, the venue, and Addington Village tram/bus interchange

You can take the 119 bus from East Croydon station towards Bromley North. Get off the bus at the Addington Road / Layhams Road stop, which is just after the bus turns left at the end of Corkscrew Hill.

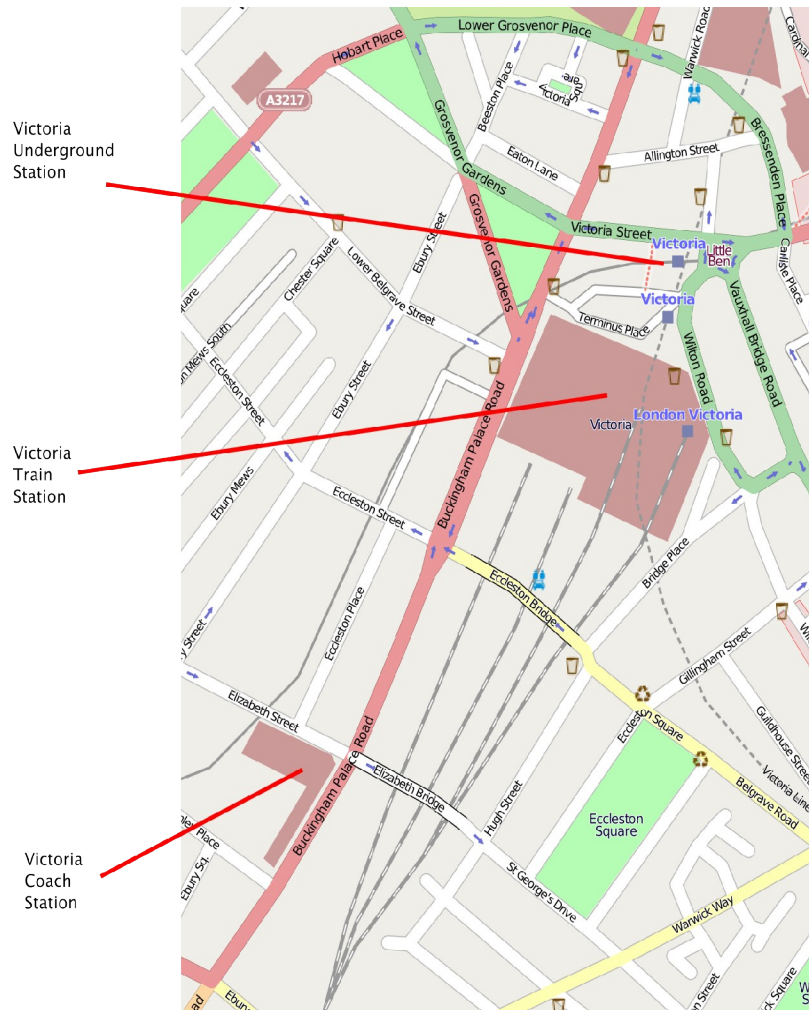
Alternatively, take a tram from just outside East Croydon railway station. There are three Tramlink routes – take Tramlink Route 3 towards New Addington and get off at the Addington Village interchange. From there, take the 314 bus from stop A towards Eltham, or the 353 bus from stop B towards Ramsden Estate. Get off the bus at the Addington Road / Layhams Road junction.

The venue is about 5 – 10 minutes' walk along Layhams Road. Some of the walk is uphill.



Addington Village tram/bus interchange showing position of bus stops

Route via London Victoria Coach station



Map showing Victoria coach, train and underground stations

Walk from Victoria Coach Station to London Victoria Train station and take a train to Bromley South, then take the 119 bus towards Croydon Airport and get off at the Addington Road / Layhams Road junction.

The venue is about 5 – 10 minutes' walk along Layhams Road. Some of the walk is uphill.

Summary of London connections

Mainline station	Underground line	Change at	Overground line
King's Cross / St Pancras	Northern Line towards Morden.	London Bridge	Hayes line
King's Cross / St Pancras (alternative)	Use First Capital Connect entrance on the ground floor of St Pancras.	London Bridge	Hayes line
Euston	Northern line towards Morden (Bank branch)	London Bridge	Hayes line
Euston (alternative)	Northern line towards Morden (Charing Cross branch)	Charing Cross	Hayes line (Train starts here)
Marylebone	Bakerloo line towards Elephant & Castle	Charing Cross	Hayes line (Train starts here)
Paddington	Bakerloo line towards Elephant & Castle. Change at Charing Cross.		Hayes line (Train starts here)
Victoria			Overground to Bromley South then 119 bus
Victoria (alternative)	Walk to Victoria underground. Take Circle line anticlockwise	Canon Street	Hayes line (Train starts here)
Waterloo			Hayes line
Charing Cross			Hayes line (Train starts here)
Blackfriars	Circle line anticlockwise	London Bridge	Hayes line
Canon Street			Hayes line (Train starts here)
London Bridge			Hayes line
Fenchurch Street	Walk to Tower Hill underground and take Circle line clockwise.	Canon Street	Hayes line (Train starts here)
Liverpool Street	Take Circle line clockwise.	Canon Street	Hayes line (Train starts here)

London Bridge has the best service for the Hayes line.
 The Hayes trains start at Charing Cross and Canon Street.

Arriving by air

From London Gatwick: take the fast train to East Croydon station (20 minutes); from there, follow the public transport directions.

From London Heathrow: take the X26 coach from the Central Bus Station, bay 12, which brings you to East Croydon (approximately 1.5 hours).

From Luton Airport, take the shuttle bus to Luton Airport Parkway (5 minutes) and then train to London Bridge railway station (50 minutes).

Further travel information

We have further travel information on our website,
<http://www.autscape.org/venue/transport/>

If you need further assistance, please email totravel@lists.autscape.org.

You may find the following web sites useful for planning your journey:

http://www.tfl.gov.uk/gettingaround/default.aspx	Journey planner for London is on the right-hand side of the page
http://www.tfl.gov.uk/gettingaround/1106.aspx	London Underground maps, including step-free and toilet facilities maps
http://www.nationalrail.co.uk/	National Rail journey planner.
http://www.nationalrail.co.uk/tocs_maps/maps/	Rail maps, including London Connections map.
http://www.networkrail.co.uk/asp/909.aspx	London Bridge station information, including station map
http://www.networkrail.co.uk/asp/795.aspx	Charing Cross station information, including station map.
http://www.networkrail.co.uk/asp/793.aspx	Canon Street station information.
http://www.traveline.org.uk/index.htm	UK Journey planner (includes trains, buses and coaches).
http://www.multimap.com/	Road map. Enter the postcode, "BR4 9HH" for the Emmaus Centre.

Disclaimer

Autscape tries to provide travel advice in good faith to its members to assist them. While we do our best we cannot guarantee that the advice we give is always 100% accurate and up-to-date, nor can we be responsible for the actions or policies of transport providers.

We recommend that you check your travel plans with the transport companies you plan to use and allow for the possibility of things going wrong on your journey.

Contact Information

This is a recommendation for information you might want to have in one place. We strongly suggest that you print this out, fill it in and carry it with you in case of missed or cancelled flights, missed rides, getting lost while driving to Autscape, communication difficulties with strangers, or other unexpected mishaps. The emergency contact information should be kept somewhere it can be found in case we need to use it (such as in the front pocket of your suitcase or your bedside table).

How to contact Autscape

Before Monday 18th August	Monday 17 – Friday 21 August
<p>Autscape 4 Falcon Street London E13 8DE</p> <p>Telephone: 07941 343 026 Telephone: 07801 400 723 Email: info@autscape.org</p>	<p>Autscape Emmaus Centre Layhams Road West Wickham Kent BR4 9HH</p> <p>Telephone: 07941 343 026 Telephone: 07801 400 723</p>

Yourself:

Name:

Home Address:

Phone Number:

Someone to phone

Contact information for someone you can call, or ask another person to call for you in case of problems:

Name:

Address:

Phone Number:

Emergency Contact (if different from someone to phone)

Name:

Address:

Phone Number:

Relationship (e.g., friend, parent):

Travel Notes

For each flight, train or bus you'll be taking:

Route or Flight Number	Origin	Destination	Departure Time	Arrival Time

Alternative trains, buses, etc., in case you miss one.

Other transportation information:

Stops along the way

If arriving somewhere else before Autscape, or meeting others along the way:

Name of accommodation (e.g., hotel name):

Address:

Phone Number:

Packing List

The English climate is temperate. Summer is usually cool to warm, but not hot (typically 16C to 23C). It rains often, and conditions can change very quickly from warm and dry to cool and wet. Bring clothing suitable for a range of weather, including something you can put on if it gets cool and take off if it gets too hot.

Suggested things to bring:

- Personal toiletries (shampoo, soap, unscented deodorant, etc.)
- Summer clothes for warm days
- Jacket or sweater
- Alarm clock
- Sensory equipment (earplugs, sunglasses, music player with headphones, stim toys, whatever helps you)
- Mobile phone (please turn off during sessions)
- Handheld or laptop computer and games
- Books or other entertainment
- Money
- Snacks you can microwave if you are likely to be hungry between meals

For activities or sharing at Autscape

- Musical instruments and sheet music
- Recorded music
- Board games you wish to share
- Videos or DVDs, especially autism-relevant ones

Please do NOT bring

Candles, incense, or other materials to burn

Perfumes, colognes, or any other scented personal care products

Hair spray

Cooking equipment, e.g., camp stove or barbecue